

COMMUNICATION IN MYOPIA MANAGEMENT

Key discussion points in practice



1

DISCUSS

visual environment with myopic children and those at risk of myopia



Maximize daily outdoor time



Reduce non-academic screen time



Take regular breaks, increase working distance

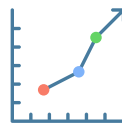
2

DESCRIBE

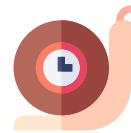
myopia correction and control



Myopia impacts function



Myopia is progressive



Treatments can slow progression

3

PRESCRIBE

the most suitable option for the child aside from single vision



The best of each treatment category work similarly to slow myopia progression



Consider optical treatments first to both correct and control myopia; atropine first where these are not suitable or available



Designed by Myopia Profile and modified for Contact Lens Update in collaboration with CORE and the University of Waterloo

More information and references are found via Myopia Profile's Managing Myopia Guidelines Infographics, free to download from MyopiaProfile.com.