



# TOP 10 MYTHS OF FITTING SOFT CONTACT LENSES

*Clinical and Experimental Optometry* Paper Offers Evidence to Dispel Misconceptions



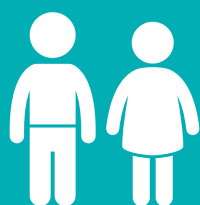
**MYTH: INCREASING OXYGEN TRANSMISSIBILITY IMPROVES LENS COMFORT**

**MYTH: HYDROGELS SHOULD NO LONGER BE FITTED**



**MYTH: PATIENTS WILL BE MORE SUCCESSFUL WEARING CONTACT LENS MATERIALS THAT DEMONSTRATE LOW LEVELS OF DEPOSITION**

**MYTH: WHEN A PATIENT REPORTS DISCOMFORT, THE FIRST—AND MOST APPROPRIATE—OPTION IS TO CHANGE THE LENS**



**MYTH: YOUNG CHILDREN ARE LESS SUCCESSFUL WITH CONTACT LENSES**

**MYTH: MULTIFOCAL FITTING IS NOT SUCCESSFUL**



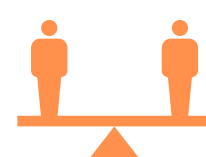
**MYTH: WEARER NON-COMPLIANCE CAN MAKE CONTACT LENS WEAR JUST TOO RISKY**

**MYTH: PATIENTS WITH LOW ASTIGMATISM DO FINE WITH SPHERICAL LENSES**



**MYTH: FOCUSING ON GROWING MY CONTACT LENS BUSINESS IS TOO TIME-CONSUMING**

**MYTH: MY CONTACT LENS BUSINESS WILL NOT GROW BECAUSE AS MANY PATIENTS AS I FIT END UP DROPPING OUT**



Walsh K, Jones L, Moody K. Addressing common myths and misconceptions in soft contact lens practice, *Clinical and Experimental Optometry*. 2021. DOI: [10.1080/08164622.2021.2003693](https://doi.org/10.1080/08164622.2021.2003693)