

Replace your contact lenses on time

Delaying the scheduled replacement of your contact lenses can cause:




 **Reduced** contact lens comfort^{1,2}



 **Poor** vision quality¹



 **Increased** chance of **complications**,^{3,4} including infections that can permanently affect your eyesight when you keep the lenses longer than you should⁵



How often should you replace your contact lenses?

Follow the advice given to you by your eye care professional. Soft lenses are usually replaced as follows:

Daily disposables	Bi-weekly	Monthly
Dispose immediately after use. <u>Do not reuse.</u>	Replace lenses every 2 weeks.	Replace lenses monthly.

 Clean your lenses and case after each use with your recommended solution. Replace your case regularly.



Remember: do not flush your used contact lenses down the toilet. Used lenses should be disposed of in **household waste** or **recycled** via programs offered by participating eye care professionals.