







CLEAN MULTI-USE TRIAL CONTACT LENSES CORRECTLY: DISINFECTING *YOUR* DIAGNOSTICS ¹

The guidelines below are based on international standards and are approved by a number of professional organisations ²

Gas permeable, including scleral lenses		Soft and hybrid lenses
<p>1. Clean with surfactant cleaner and then soak in unneutralised 3% hydrogen peroxide for at least 3 hours</p> 		<p>1. Clean with surfactant cleaner and then soak in unneutralised 3% hydrogen peroxide for at least 3 hours</p>
<p>This step is not required for gas permeable materials</p> 		<p>2. Transfer to regular case, fill with fresh hydrogen peroxide & neutralise as normal, typically 6 hours</p>
<p>2. Rinse thoroughly with MPS solution & pat dry; do not use water </p> 		<p>3. Rinse with MPS; do not use water </p>
<p>3. Store dry, in a clean case</p> 		<p>4. Store in MPS, in a clean case</p>

- Lenses should be disinfected immediately after use, with the steps for soft and hybrid lenses repeated every month if the lenses have not been reused in that time
- Each contact lens disinfection should be documented with a record maintained for each diagnostic fitting set

1. Barnett M: In-office contact lens disinfection. Contact Lens Spectrum 2020; 35;1: 17

2. This protocol is supported by the American Academy of Optometry and The American Optometric Association; and is based on the Standard of the International Organization for Standardization (ISO); ISO 19979:2018(E).

